



MINISTRY OF
AYUSH
GOVERNMENT OF INDIA

75
Azadi Ka
Amrit Mahotsav

my
GOV
मेरी सरकार

Ministry of AYUSH

Certificate

Surya Namaskar Pledge

This is to certify that

Indian Paramedical Distance Education Council

has taken Surya Namaskar for Vitality pledge on the occasion of Makar Sankranti and committed himself/herself to make all sincere efforts towards making Surya Namaskar/ Yoga rooted in individual and familial lives.

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May, 25 2022

